



The Mental Health Commission's Workforce Development team is pleased to release the **AODtraining@MHC Semester 2 2024 calendar**. This AODtraining@MHC calendar provides a range of knowledge and skills-based events on alcohol and other drug (AOD)-related issues delivered by experienced professional trainers. AODtraining@MHC events are provided for not-for-profit and government organisations free-of-charge. Places are limited. Please view the Mental Health Commission website at www.mhc.wa.gov.au/aodtraining/ for detailed event information and registration.

Strong Spirit Strong Mind Training Programs

KA/ST027 Ways of working with Aboriginal people – Part 1

Presented by: Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission.
Event 1: 24 July 2024 • 9.00am – 4.30pm
Event 2: 15 October 2024 • 9.00am – 4.30pm
Target audience: Human service workers who work with Aboriginal clients, individuals and families. Aboriginal workers are encouraged to attend.
Part 1: This training explores the impact that history has had on AOD use in the Aboriginal community and provides broad intervention frameworks based on empowerment principles.
Application deadline: Event 1: 3 July 2024 • Event 2: 24 September 2024

KA/ST027 Ways of working with Aboriginal people – Part 2

Presented by: Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission.
Date: 26 November 2024 • 9.00am – 4.30pm
Target audience: Human service workers who work with Aboriginal clients, individuals and families. Aboriginal workers are encouraged to attend.
Prerequisite: Participants are required to have attended Ways of working with Aboriginal people – Part 1 in the past two years.
Part 2: This session builds on culturally secure concepts and models and introduces methods and resources to respond to Aboriginal AOD use.
Application deadline: 5 November 2024

ST346 SASA training

Presented by: Prevention Services, Mental Health Commission.
Event 1: 30 July 2024 • 9:00am – 1:00pm
Event 2: 18 October 2024 • 9:00am – 1:00pm
Target audience: Human service workers who are employed by organisations participating in the WA Naloxone Program that are supplying take-home naloxone.
Note: Participants in this workshop are required to be nominated by their organisation. Please direct enquiries about this workshop to: naloxone@mhc.wa.gov.au
 This workshop will equip workers from organisations with the knowledge and skills to administer Naloxone, deliver harm reduction messaging, conduct a brief education session and supply take-home Naloxone to people at risk of experiencing and/or witnessing an opioid overdose, while following conditions of the take-home naloxone program.
Application deadline: Event 1: 9 July 2024 • Event 2: 27 September 2024

ST343 Emotion regulation

Presented by: Workforce Development, Mental Health Commission.
Date: 4 September 2024 • 9.00am – 4.30pm
Target audience: Clinical and support workers in the AOD and mental health specialist sectors.
 This training aims to assist workers to develop an increased understanding of emotions and emotional regulation, gain skills to support clients to better identify, understand and manage their emotions, as well as assist clients with strategies to respond to overwhelming emotions in constructive ways.
Application deadline: 18 August 2024

Online training

- eLearning** Not able to make it to one of our face-to-face training events? Workforce Development has a range of eLearning that can be accessed anywhere and at any time! For further information, head to: <https://aodelearning.mhc.wa.gov.au/>
- Webinars** Workforce Development produces a webinar calendar each semester. For more information see <https://www.mhc.wa.gov.au/training-and-events/training-for-professionals/aod-webinars/>

ST339 AOD training for administration workers

Presented by: Workforce Development, Mental Health Commission.
Date: 10 September 2024 • 9.00am – 4.30pm
Target audience: Administration staff who work in services with clients who use AOD.
 This training is intended for administration staff who work in services that interact with clients who use AOD. It will provide participants with a broad understanding of the issues facing people who use AOD and their significant others, as well as exploring issues such as boundaries, confidentiality, vicarious trauma, and worker self-care.
Application deadline: 20 August 2024

ST326 Trauma informed care and practice

Presented by: Workforce Development, Mental Health Commission.
Date: 18 September 2024 • 9:00am - 4.30pm
Target audience: Human service providers with clients who experience AOD and/or mental health issues.
Please note: This workshop is best suited for workers who have not previously undertaken training in this area. It does not provide information about how to undertake counselling related to traumatic material.
 This workshop provides an overview of trauma, describes the principles of trauma informed care and practice, and offers participants the opportunity to consider how trauma informed care and practice could be incorporated into their work.
Application deadline: 28 August 2024

KA055 Coercive control

Presented by: Jo Kostopoulos, Women's Health Strategy and Program, North Metropolitan Health Service.
Date: 19 September 2024 • 9.00am – 12.30pm
Target audience: Clinical and support workers in the AOD and mental health specialist sectors.
 This half-day training aims to increase the confidence and competence of workers in the alcohol and other drug and mental health specialist sectors to appropriately respond to disclosures of FDV within a framework of trauma-informed care and practice.
Application deadline: 29 August 2024

ST340 Preventing relapse and supporting behaviour change over time

Presented by: Workforce Development, Mental Health Commission.
Date: 24 September 2024 • 9.00am - 4.30pm
Target audience: Human service providers who work with people who use AOD.
 This training aims to assist workers to develop an understanding of why behavior change can be difficult to maintain. Explores a framework for supporting and maintaining behavior change over time highlighting associated strategies to support behaviour change maintenance and prevent lapse/relapse.
Application deadline: 3 September 2024

ST275 Introduction to population-based alcohol and other drug prevention

Presented by: Community Support and Development Programs, Mental Health Commission.
Date: 8-10 October 2024 • 9.00am – 4.30pm
Target audience: Prevention, Health Promotion, Community Development Officers, Youth/Community Engagement Officers and other human service providers who have a role or interest in AOD prevention at a community or population-based level.
 This workshop will provide participants with an understanding of the principles and models for AOD prevention strategies, prevention theory and resources to support the implementation of AOD prevention strategies.
Application deadline: 17 September 2024



KA036 Sniffing, huffing and chroming: responding to volatile substance use

Presented by: Community Support and Development Programs, Mental Health Commission.
Date: 11 October 2024 • 10.00am – 4.00pm

Target audience: Human service providers and frontline workers responding to Volatile substance use (VSU) issues.

VSU is a complex issue which can have significant impacts. The workshop will provide a comprehensive overview of VSU effects, risks and harms and best-practice strategies to respond.

Application deadline: 20 September 2024

KA057 Family and domestic violence perpetrator training

NEW

Presented by: Jo Kostopoulos, Women's Health Strategy and Program, North Metropolitan Health Service.

Date: 17 October 2024 • 9.00am – 12.30pm

Target audience: Clinical and support workers in the AOD and mental health specialist sectors.

This 3.5-hour intensive training session will explore male perpetrator psychopathology and typology, current masculinities in Australia along with practical applications of non-collusive practice, and case noting and documenting as a primary way to make perpetrator behaviour and the impact on victim/survivors visible.

Please note: It is preferable that those who register have already completed KA055 Coercive Control Training

Application deadline: 26 September 2024

ST345 Trauma informed care and practice with young people

Presented by: Workforce Development, Mental Health Commission.

Date: 24 October 2024 • 9.00am - 4.30pm

Target audience: Human service providers with clients who experience AOD and/or mental health issues.

This workshop provides an overview of trauma, describes the principles of trauma informed care and practice when working with young people, and offers participants the opportunity to consider how trauma informed care and practice could be incorporated with youth.

Application deadline: 3 October 2024

ST317 Motivational Interviewing – Part 2

Presented by: Workforce Development, Mental Health Commission.

Date: 5-6 November 2024 • 9.00am – 4.30pm

Target audience: Clinicians working with clients who use AOD.

Prerequisite: Completion of ST284 MI Part 1 (or equivalent) within the last 3 years.

This two-day advanced MI workshop will review the theoretical framework of MI then explore core skills and intervention strategies in-depth.

Application deadline: 15 October 2024

ST332 Advanced AOD prevention: a facilitator's guide to developing a local AOD management plan

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 19-20 November 2024 • 9.00am – 4.30pm

Target audience: Prevention Officers, Health Promotion Officers, Community Development Officers, Youth/Community Engagement Officers or similar, and those who have a role or interest in coordinating AOD prevention at a community or population-based level.

Pre-requisite: Completion of ST275 An introduction to population-based alcohol and other drug prevention within the past two years.

This interactive two-day workshop will provide participants with the knowledge of how to develop, plan, implement and evaluate an Alcohol and Other Drug Management Plan (AODMP) to address AOD issues at a community or population-based level.

Application deadline: 29 October 2024

AOD Foundation Events

ST284 Motivational Interviewing – Part 1

Presented by: Workforce Development, Mental Health Commission.

Date: 15 August 2024 • 9.00am 4.30pm

Target audience: Human service providers working with clients who use AOD.

Motivational interviewing (MI) is an established client-centred, evidence-based practice for AOD treatment. Participants will be introduced to the theoretical framework of MI and will learn skills aimed at developing a collaborative 'change conversation' that will help clients identify and examine their ambivalence around AOD use.

Application deadline: 25 July 2024

ST222 Induction training for new AOD workers

Presented by: Workforce Development, Mental Health Commission.

Date: 8-11 October 2024 • 9.00am – 4.30pm

Target audience: New workers in the AOD specialist sector.

Induction training for new AOD workers aims to equip new AOD specialist sector workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD-related issues. Participants can choose from three discrete modules held over four days that best fit their work role and training needs.

Application deadline: 17 September 2024

ST338 Foundation skills for working with clients with co-occurring AOD and mental health issues

Presented by: Workforce Development, Mental Health Commission.

Date: 14 November 2024 • 9.00am – 4.30pm

Target audience: Clinical and support workers in the specialist AOD sector who have limited experience working with people with co-occurring issues.

This one-day workshop offers knowledge and skills to support AOD treatment service workers to more accurately identify, and where appropriate, address the needs of clients presenting with co-occurring AOD and mental health issues.

Application deadline: 24 October 2024

ST341 Valuable conversations for reducing the impact of alcohol use in child-bearing years

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 26-27 November 2024 • 9.00am – 4.30pm

Target audience: Service providers with clients of child-bearing age, their families and communities.

This two-day training covers topics including reflective practice, trauma informed care and practice, motivational interviewing, fetal alcohol spectrum disorder (FASD) prevention and brief interventions. This training is designed to increase confidence in delivering FASD prevention. Prior FASD learning is desirable, but not essential.

Application deadline: 5 November 2024

Events for Mental Health Workers

NGOMH Working with alcohol and other drug using clients: Skills training for mental health workers from not-for-profit Mental Health Non-Government Organisations

Presented by: Workforce Development, Mental Health Commission.

Date: 13 August 2024 • 9.00am – 4.30pm

Target audience: Workers in the non-government, not-for-profit mental health sector or Licensed Psychiatric Hostels.

This one-day course, aimed specifically at mental health workers in not-for-profit or non-government services and workers in Licenced Psychiatric Hostels, is designed to build on existing skills and develop new practices for working with people with alcohol and other drug issues combined with mental health issues.

Application deadline: 23 July 2024