



# Individualised Community Living Strategy (ICLS)

## What is the ICLS program?

**The ICLS program assists people to live independently and achieve their recovery goals. The ICLS is a transitional recovery focussed program for a period of two years.<sup>1</sup>**

### There are two options with the ICLS:

- Standalone package of support for individuals in their own home; or
- Support linked to transitional accommodation.

Individuals receiving support through the ICLS program will be assisted by a psychosocial support provider and a community clinical team.

### Individuals can receive support in areas such as:

- Daily living skills such as how to manage finances, prepare meals or how to use public transport.
- Accessing mental and physical health services.
- Participating in social, leisure or sporting activities.
- Establishing, building and maintaining relationships with family, friends, and the local communities.
- Learning new skills, accessing education or help to gain meaningful work.
- Finding accommodation.
- Accessing other supports such as the NDIS.<sup>2</sup>

## Who is eligible for the ICLS program?

### To be eligible for the ICLS program, individuals need to:

- Have been diagnosed with a severe mental health illness.
- Be an Australian citizen or permanent resident.
- Be aged 18–65 years. Individuals aged 16–18 years or 65+ may be considered on a case-by-case basis.
- Be ready and able to work on their personal recovery goals.
- Be able to provide informed consent or have an appointed Guardian to agree to share information and participate in all aspects of the program.
- Be ready and able to live independently and be committed to engaging in supports.
- Agree to and participate in a range of mental health assessments to confirm eligibility and identify the level of support required.
- Agree to the sharing of NDIS plan content and transparency of supports (if an NDIS participant).

## How does the ICLS program work?

Individuals can choose which psychosocial support provider they would like to support them.

The individual will work with their psychosocial support provider to develop a recovery plan for them to work on while in the ICLS program. The aim of the plan is to gain skills and confidence to live independently and live well in the community.

The chosen psychosocial support provider will receive funding to help support the individual to achieve the goals in their plan. The funding is capped to a specific amount depending on the level of support the individual requires.

The ICLS program is transitional and recovery focussed for a period of two years. As the program provides transitional accommodation or standalone supports, funding and supports will be reduced as the individual reaches their goals and increases their independence.

### Further information:

More information about the ICLS including roles and responsibilities is available in the ICLS Program Guidelines online - [mhc.wa.gov.au/getting-help/community-support-and-treatment-services/about-the-individualised-community-living-strategy/](https://mhc.wa.gov.au/getting-help/community-support-and-treatment-services/about-the-individualised-community-living-strategy/)

### Footnotes

1. An additional 12 months of supports may be provided if required on a case-by-case basis. A maximum of three years of ICLS support is available for each participant.
2. If people are eligible for both ICLS and NDIS, the NDIS supports should be complementary to and not duplicative of those provided through ICLS.